



I have agreed to play on the **Club Hardball Bulldog Baseball** team. As a ballplayer, I will obey these rules and regulations:

- 1. I WILL Hustle:** I will hustle on and off the field. I will run on every ball I hit, every walk I get, when on the bases and when playing in the field.
- 2. I WILL Respect my Coaches and my Parents:** I understand that they come from a place of experience and want to help me become the best I can be.
- 3. I WILL not use Profanity, Drugs, Alcohol or Tobacco:** I will always set a good example and represent myself and my team with class.
- 4. I WILL Practice Good Sportsmanship Before, During and After Games:** I will appreciate the good play of our opponents and remain humble during my shining moments.
- 5. I WILL Treat all Opposing Players, Coaches and Fans with Respect:** They are pulling for their team.
- 6. I WILL Respect Decisions made by the Umpires:** I know my reactions may reflect poorly on both me and my team.
- 7. I WILL Handle Winning with Class and Losing with Grace:** Maintaining composure is very important.
- 8. I WILL Never Quit:** I will always give my best to my coaches, myself and my teammates. They deserve it.
- 9. I WILL Work Hard:** My work ethic is based on hard work which I will put in during both practices and at home.
- 10. I WILL Never Throw a Bat or Equipment in Anger:** It is unsafe, selfish, and bad sportsmanship.
- 12. I WILL Treat Practices Seriously:** Practice is my time to polish my tools, while the game is my time to shine.
- 13. I WILL Practice Self-Control and be a Positive Example:** I will not get down on myself.
- 14. I WILL Always Support my Teammates:** I will treat my teammates the way I would want to be treated.

15. I WILL Respect the Facilities we use: I will take good care of the equipment and I will help clean up when we are finished.

16. I WILL Represent my Team with Class: How I carry myself on and off the field will reflect positively or negatively on my team.

17. I WILL Remain in the Dugout or Field during Games: My focus needs to be on the game. Food is not allowed in the dugout during games. Parents and Players will not communicate during the game.

18. I Understand Grades and Behavior are Non-Negotiable: I will strive to maintain good grades and be on my best behavior. Grades and behavior will be monitored.

19. I WILL Embrace my Position: This is a team game and I will not complain where the coaches choose to have me play.

20. I WILL Learn from my Mistakes: Mistakes are a part of baseball. I will make mistakes, but I will strive to learn from them and work harder.

I _____ will always do my best to follow these rules. My coaches, parents and I understand that I am not perfect, but repeated violations can and will impact my standing on this team. Depending on the severity and frequency of my infractions, I may see less playing time, a diminished role or complete removal from the team.

These rules aren't meant to scare me. These are rules I embrace to help me become a better player, teammate and person.

I understand these rules, and I will do my best to always represent my teammates well.

PLAYER SIGNATURE

DATE